




# Historic High School November 2019



**EVERYDAY CHOICES**  
Assorted Deli Meats, Cheeses And  
Salads Served On Freshly Baked  
Breads Rolls And Wraps

In A Hurry? Check Out Our Fast Takes Sandwiches Made  
Fresh Daily And Wrapped To Go

*Locally Sourced Fruits and Vegetables are offered upon availabilities	<b>BREAKFAST IS OFFERED AT NO COST TO ALL STUDENTS</b>			11/1 French toast Sticks w/ Breakfast Sausage served w/ Tater Tots
11/4 Home-style Mac & Cheese served with an Herbed Breadstick and Citrus Glazed Carrots	11/5 Shepherds pie served with a dinner roll and roasted broccoli	11/6 Sliced Turkey and gravy served with dinner roll. Mashed potatoes, and Green Beans	11/7 <b>School Closed Teacher's Convention</b>	11/8 <b>School Closed Teacher's Convention</b>
11/11 Twirls Pasta Week: Choose your pasta, Top it with meatballs or chicken, and sauce it up!!	11/12 Twirls Pasta Week: Choose your pasta, Top it with meatballs or chicken, and sauce it up!!	11/13 Twirls Pasta Week: Choose your pasta, Top it with meatballs or chicken, and sauce it up!!	11/14 Twirls Pasta Week: Choose your pasta, Top it with meatballs or chicken, and sauce it up!!	11/15 Twirls Pasta Week: Choose your pasta, Top it with meatballs or chicken, and sauce it up!!
11/18 BBQ Chicken Tenders served w/ Garlic Knots and French Fries	11/19 Buffalo Chicken Tenders served w/ Garlic Knots and French Fries	11/20 BBQ Chicken Tenders served w/ Garlic Knots and French Fries	11/21 Buffalo Chicken Tenders served w/ Garlic Knots and French Fries	11/22 BBQ Chicken Tenders served w/ Garlic Knots and French Fries
11/25 Carnitas Sub served w/ Carnitas Slaw and Crispy Potato Wedges	11/26 Korean BBQ Roll Served w/ Pickled Cucumber & Cilantro, Crispy Potato Wedges	11/27 Roasted Turkey Gyro served w/ Lettuce and Tomato Salad & Crispy Potato Wedges	11/28 <b>Happy Thanksgiving!</b>	11/29 <b>School Closed</b>



### Pizza:

#### Everyday Options:

**Cheese Pizza**  
Monday, Wednesday, Friday: Peperoni  
Tuesday: Sausage  
Thursday: Hawaiian

### Grill:

#### Everyday selections:

Classic Hamburger  
Crispy Chicken Sandwich



### Fast takes:

#### Offered Daily:

Chef Salad, Chicken Caesar Wrap, Turkey and Cheese, Ham and Cheese, Italian or Hummus.

A hearty garden bar, fresh fruits and a variety of vegetables and sides are offered daily. We hope to inspire and encourage all students to make healthy choices regularly.



### SIDES OFFERED DAILY WITH LUNCH CHOICES

Assorted Fresh Fruits and Vegetables, Specialty Made Salads, Assorted Low Fat and Skim Milks  
Assorted 100% Fruit Juice

Additional nutrition information available upon request. This institution is an equal opportunity provider.